



Brumer
Preschool of the Arts

PRESCHOOL 2018-2019 LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Chicken Tenders Brown Rice Green Beans Snack: Watermelon	Fish sticks Quinoa Steamed Vegetables Snack: Cantaloupe	Pita Turkey Slices Peas & Carrots Snack: Sliced Apples	Mini burgers Baked Fries Avocado Snack: Honeydew	Pizza Cucumbers Sliced Apples Snack: Strawberries & Blueberries
WEEK 2	Tilapia Couscous Israeli Salad Snack: Strawberries & Blueberries	Turkey Hot Dogs Baked Fries Steamed Vegetables Snack: Honeydew	Tuna Whole Wheat Bread Steamed Cauliflower & Broccoli Snack: Sliced Apples	Meatballs Pasta Corn on the Cob Snack: Cantaloupe	Pizza Cucumbers Sliced Apples Snack: Watermelon